

Welcome

One silver lining in the grim cloud that is Covid-19 is the number of people who have rediscovered cycling. Reduced traffic levels have made the roads less intimidating. And cycling has been Government endorsed as daily exercise.

New and returnee cyclists – families, furloughed employees, teenagers, older people – have taken to the local lanes. Some are on shop-fresh bikes, others on older machines pressed into service after years of neglect; I came across two cyclists with broken chains in the same week. [I fixed them.]

It's been a strange time to be a cyclist. On the one hand, social rides have been suspended. On the other hand, solo rides have been like trips back in time. We've been able to enjoy cycling on once-busy A-roads. Exhaust fumes have been replaced by the scents of spring growth. Traffic's pervasive drone is largely gone. In its place: birdsong.

Let's not kid ourselves that this is a cycling utopia. The pandemic has had a devastating impact on the health, lives, and finances of people across the world. Yet the lockdown has offered proof of what cycle campaigners have long argued: more people will get on bikes when they feel it's safe to do so; and life outdoors is so much better with fewer cars on the roads. Is it too much to hope that, at the end of all these rainbows, there's a golden future for cycling?



DAN JOYCE Cycle Editor

CONTENTS









Coronavirus

For updated advice

regarding the

Covid-19 outbreak,

visit: cyclinguk.org/

coronavirus



On the Great North Trail in the Pentland Hills. By Joolze Dymond

Features

- 04 Help in the crisis What Covid-19 means for Cycling UK
- 34 Escapism

The solace of solo cycling in lockdown

38 The right bike

Building up the bike that suits you best

49 Wheels up

How bikes are changing lives in Liverpool

52 Destination Kilimanjaro

Cycling to Africa's tallest mountain

Products

20 Shop Window

Previews of new products

22 Gear up

Components, accessories, and books

60 Small gravel bikes

Surly and Kona's 650B bikes for five-footers

- 66 Adventure Flat White
 - An entry-level touring bike for £440
- 68 Gravel tyres

Four 'go anywhere' tyres on test

Regulars

07 This is Cycling UK

Free membership for NHS and care workers; Big Bike Revival for keyworkers; 100 Women in Cycling; and much more

31 Letters

Your feedback on Cycle and cycling

46 Weekender Family cycling in the New Forest

56 Cyclopedia

Questions answered, topics explained

73 Travellers' Tales

Cycling UK members' ride reports



james**pembroke**



CYCLE MAGAZINE: Editor: Dan Joyce E: cycle@jamespembrokemedia.co.uk Head of Design: Simon Goddard Designer: Katrina Ravn Advertising: Harvey Falshaw T: 020 3198 3092 E: harvey.falshaw@jamespembrokemedia.co.uk Publisher: James Houston. Cycle is published six times per year on behalf of Cycling UK by James Pembroke Media, 90 Walcot Street, Bath, BAI 5BG. T: 01225 337777. Cycle is copyright Cycling UK, James Pembroke Media, and individual contributors. Reproduction in whole or in part without permission from Cycling UK and James Pembroke Media is forbidden. Views expressed in the magazine are those of the editor of the policies of Cycling UK. Advertising bookings are subject to availability, the terms and conditions of James Pembroke Media, and final approval by Cycling UK. Printed by: William Gibbons & Sons Ltd, 26 Planetary Road, Willenhall, West Midlands, WV13 3XB T: 01902 730011 F: 01902 865835

CYCLING UK: Parklands, Railton Road, Guildford, GU2 9JX E: cycling@cyclinguk.org W: cyclinguk.org T: 01483 238300. Cycle promotes the work of Cycling UK. Cycle's circulation is

approx. 51,000. Cycling UK is one of the UK's largest cycling membership organisations, with approx. 68,000 members and affiliates **Patron:** Her Majesty the Queen **President:** Jon Snow Interim Chief Executive: Pete Fitzboydon. Cyclists' Touring Club, a Company Limited by Guarantee, registered in England No 25185, registered as a charity

in England and Wales Charity No 1147607 and in Scotland No SC042541, Registered office: Parklands, Railton Road, Guildford, GU2 9JX



Ър