



The big picture

Training

EXPEDITION & NIGHT RIDE COURSES

Cycling UK has launched two new mountain bike leader training courses: the Expedition Module and the Night Ride Module. The Expedition Module is aimed at those running multi-day bikepacking and camping trips. It's a two-day course costing £168, and you'll need to hold either a Mountain Bike Trail Leader or Tour Leader qualification. The Night Ride Module is for mountain bikers who will be leading rides after dark. It's a one-day course that costs £158, and it too is aimed at existing Mountain Bike Trail Leaders. For more details on the courses, see cyclinguk.org/expeditionmodule and cyclinguk.org/nightridemodule.

