

THE MAGAZINE OF CTC – THE UK'S NATIONAL CYCLISTS' ORGANISATION

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FREE TO CTC MEMBERS

cycle



GLIDE TO WORK – THE SLOW CYCLING MOVEMENT ■ DIGITAL MAPPING ■ MOUNTAIN BIKING THE STEVENSON TRAIL ■ MAKING TRACKS: CTC OFF-ROAD ■ BROOKS SADDLES



Maps on your monitor

Digital mapping for cyclists

Mountain bike touring

Off-road in the Cévennes

Glide to work

Practical cycling? No sweat.

WWW.CTC.ORG.UK/MTB – CTC'S OFF-ROAD WEBSITE GOES LIVE!

FROM THE EDITOR



'You look like someone out of the X-Men.' Thus my teenage son, as I walk into the house post-race in a black Lycra skinsuit, silver shoes, yellow shades, and an elongated aero helmet.

He's right – assuming there's a place in the superhero team's line up for Middle-marker Man. Sporty bike clothing does look weird. And that's fine: it has its place, just like running vests or swimsuits. That place isn't between A and B on that four-mile trip across town. For that, any Lycra looks as normal as a pair of Speedos.

To normalise cycling, it has to be seen as a normal activity that a normal person can do in normal clothes. We don't need a bonfire of our own bike geek vanities. We can keep our Lycra, our clipless pedals, our sporty bikes, even our reflective tabards and helmets for those who choose to use them. But it'd help if we didn't reinforce the idea that a cyclist has to have these things.

For utility cycling, all you really need is the right bike: a practical one that you can ride in whatever you're wearing.

Dan



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