L8 Cycle Rides - September 2023

If you haven't been on a bike for a while or you'd like to explore new cycle routes as part of a group you're very welcome to join us on one of our rides.

The free community cycle rides are led by trained volunteers and start from The Florrie 377 Mill Street L8 4RF. **Bikes available to borrow free for all rides.**

Pre-booking required - email <u>L8communitycycleclcub@gmail.com</u> for more information or download the free Spond booking app & use code JHBIH to join our group.



Monday 11th September @ 09.30 - 12.00 Inaugural The Florrie-Two Cathedrals Circular (6 miles)

From the Florrie via cycle paths to Metropolitan Cathedral heading to the Anglican Cathedral where we'll stop for refreshments at the cafe and hear about its history from one of the volunteer guides. Heading back to The Florrie via quiet roads.

Monday 25th September @ 09.30-12.00 The Florrie- Three Parks (7 miles)

From The Florrie we'll cycle down to the Promenade to Festival Gardens, heading to Sefton Park and Princes Park before returning to The Florrie on quiet roads.



