

Handlebars & Saddles will be a focused group for cyclists willing to take part in the Led ride project scheme.

All led rides will be assessed by qualified led ride leaders.

## Led Rides

The Handlebars & Saddles C.C.C. led rides are organised and assessed by qualified Ride Leaders Level 1, Level 2 and also qualified Route Planner(s)

It is envisaged that Willenhall Memorial Park will become the place to meet other cyclists who want to become involved with led rides, building up skills, knowledge and confidence for the everyday cyclist.

Primarily, the club members will be assessed by the qualified ride leaders by initially taking part in cycle ride activity's around the park and the Fibbersley Wildlife Nature Reserve.

Assessment will be made upon how cyclists control their bicycles through simple tasks set before them.

These tasks will allow the assessors to recognise weaknesses and strengths of the cycling group members and then will enable placement within the led riders group.

If successful, the planning of future led ride routes will become available, this is where the group members can give formative outlines to where the group would like to visit when taking part in the led ride project(s).

No need to worry if you do not meet the led ride criteria for taking part in led rides as there is scope to include advanced cyclist skills to bolster the confidence required for taking part in led rides.

The project will eventually include family led rides, these may be traffic free only, dependent upon the club members skills.

There is already a traffic free family led ride at the location of the Rough Wood Nature Reserve (details yet to be confirmed).

Dates/times shall be announced shortly, so please be patient and please look out for further updates.

Cyclists wishing to use their own bicycles are welcome to join, however, due to the led rides including some

off road activity's you are advised to only bring bicycles fit for purpose.

Bicycles fit for purpose are, Hybrid or Mountain Bike. (no road bicycles are allowed due to the alternate terrain the led rides are focused upon at this time).

### Future Activities

It is envisaged that, activity's including Learn to Ride, Advanced Cyclist Skills and Bicycle Maintenance/Servicing will become available dependent upon the club members demands.

Please also visit our Face Book Group page, Like/Share/Comment.

Follow the links below.

<https://www.facebook.com/groups/623911502178916>

<https://www.facebook.com/boosturimunity>

Whilst we encourage and endeavour to support cycling activities, we also recommend cycling club members to

show respect and courtesy whilst cycling within the Willenhall Park. Perimeter Thank You.

Handlebars & Saddles Cycling Group, C.C.C.