

## **bikeUlike - Membership Policy**

bikeUlike is a community cycling group run out of our independent bike shop in the heart of Southsea.

Our aim is to bring those who already cycle together for social group rides, both on and off road. We are non-competitive and all about building community through discovering and exploring our local environment by bike.

The club is run and administered via our Strava club (<https://www.strava.com/clubs/BikeULike>) and in order to be a member all you need do is join our Strava club.

In order to take part in our rides you will have to provide us with your name, mobile number and emergency contact number at the start of each ride. We would also encourage you to record and post your the ride on Strava once we finish.

In addition, if you wish to receive our weekly email containing info on the upcoming rides and other related information all you need do is let us know your email address. You can unsubscribe to these email at any point.

### **Our Ride Rules**

1. Have fun.
2. Don't be a dick.
3. Do not ride in front of the ride leader, except when stated eg on TNT segments.
4. Bring a bright enough light that you can see where you are going in the dark and that will last you the length of the ride. We suggest at least 300 lumens for the front.
5. Dress appropriately for the weather.
6. Leave no trace
7. Join the bikeUlike Strava club (<https://www.strava.com/clubs/BikeULike>) for up to date info on all club rides including route files, timings etc.